

The Golden Rules of Applied Wound Biology

TATTOOS - The Wet Jungle

1. Maintain a moist environment.
2. Occlusives for days 1-5.
3. Switch to water-based lotion.
4. Never let it scab!

PIERCINGS - The Dry Cave

1. Maintain a dry environment.
2. Sterile isotonic saline ONLY.
3. Never apply creams or ointments.
4. LEAVE THE JEWELRY ALONE!

Know your battlefield. The right product at the wrong phase is as bad as the wrong product.