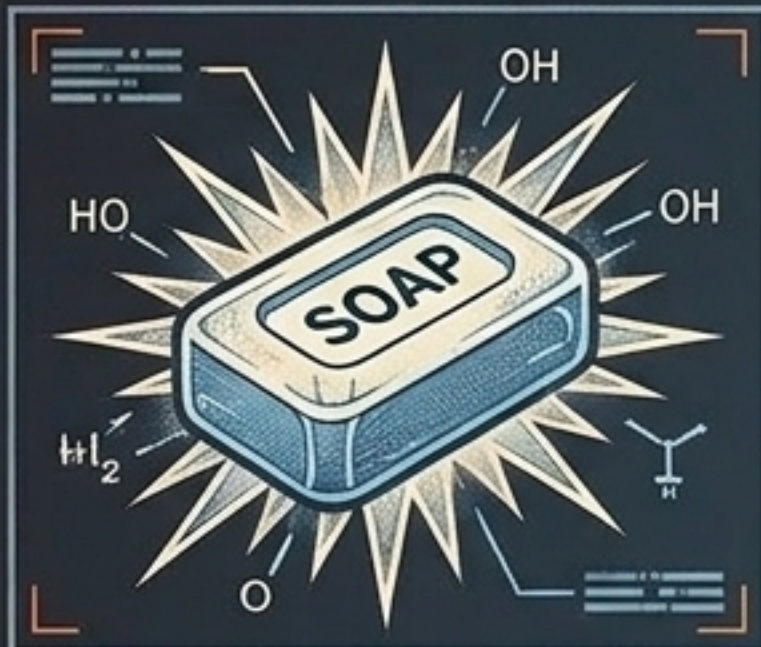


CLINICAL CORRECTIONS

The Soap Myth



Avoid: Antibacterial soaps (triclosan/chlorhexidine). Causes unnecessary irritation.

Alternative: Fragrance-free, dye-free mild soap.

The Coconut Oil Myth



Avoid: Coconut oil on an open wound. It is not sterile and its occlusive weight traps bacteria.

Alternative: Use specifically formulated wound-care occlusives for the first 3-5 days. (Save coconut oil for healed tattoos).

The Piercing Bump Myth



Avoid: Aspirin paste, tea tree oil, or over-the-counter wart removers.

Alternative: Identify the mechanical pressure (sleeping, headphones, long jewelry), remove it, and return to sterile saline.