

The Ingredient Audit: Cytotoxins and Sensitizers

 Ingredient	Function	Clinical Reality 
Alcohol (Isopropyl/Ethanol)	Solvent / Antimicrobial	Cytotoxic to fibroblasts and keratinocytes. Delays wound healing entirely.
Hydrogen Peroxide	Antiseptic	Cytotoxic to fibroblasts. Impairs re-epithelialisation. Rejected by current guidelines.
Fragrance / Parfum 	Scent	Zero therapeutic benefit. High contact allergen risk. Avoid entirely on fresh wounds. 