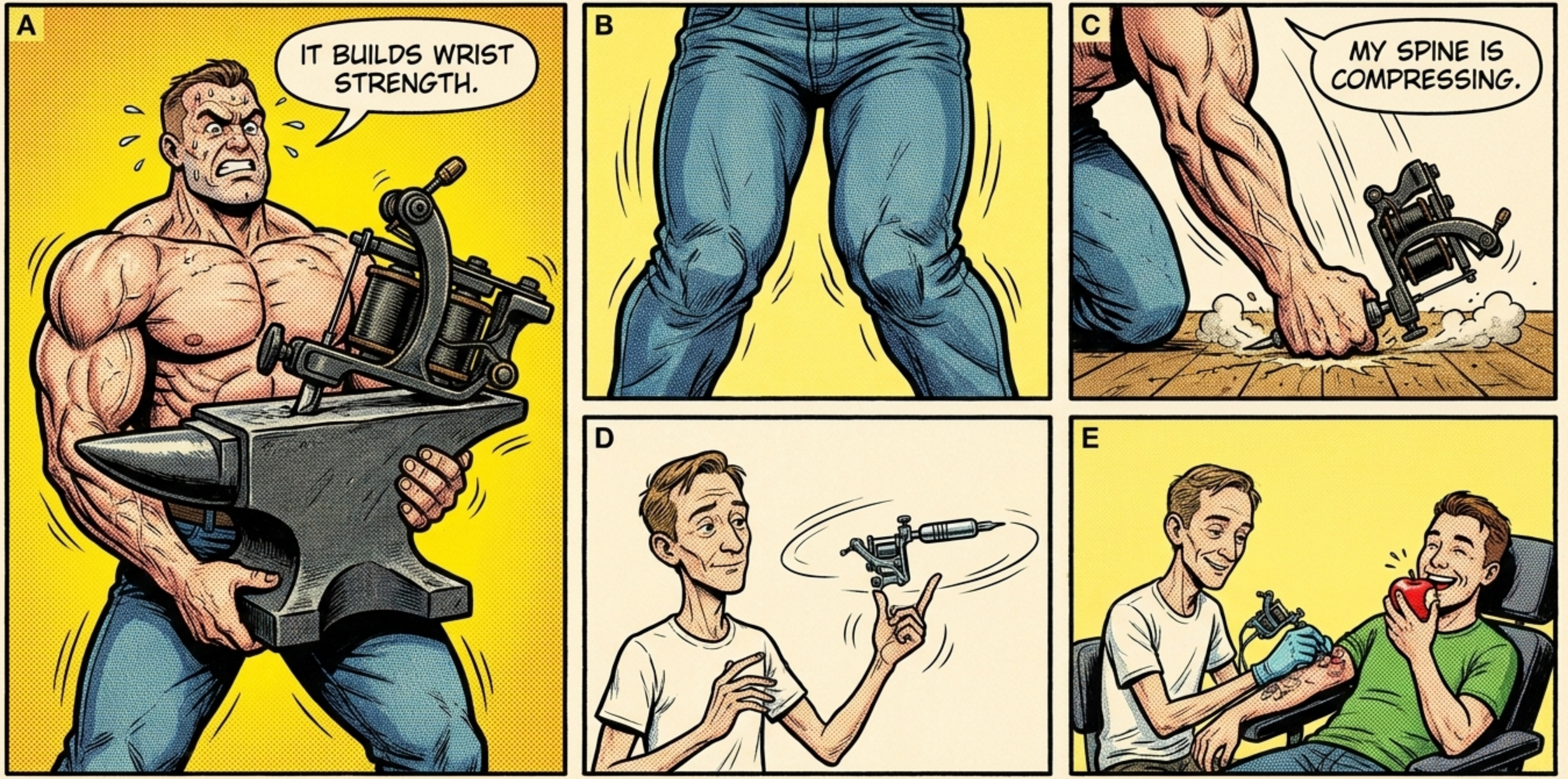

The aircraft-grade aluminum body reduces hand fatigue during extended sessions while maintaining total durability.

Bodybuilding is an entirely separate hobby that should be kept outside the studio.