

**NEVER ROTATE HEALING BODY JEWELRY.
ROTATION TEARS DELICATE CAPILLARY SPROUTS.
FRICTION DESTROYS THE FIBRIN SCAFFOLD.
MOVEMENT RESTARTS ACUTE INFLAMMATORY PHASES.
SIZE DIFFERENCES OVER 0.5 CAUSE MIGRATION.
MIGRATION CUTS THROUGH HEALING TISSUE.**



**UNNECESSARY MOVEMENT REPEATEDLY DISRUPTS THE DELICATE
CELLULAR PHASES OF DERMAL RECOVERY.
LEAVE IT ALONE**