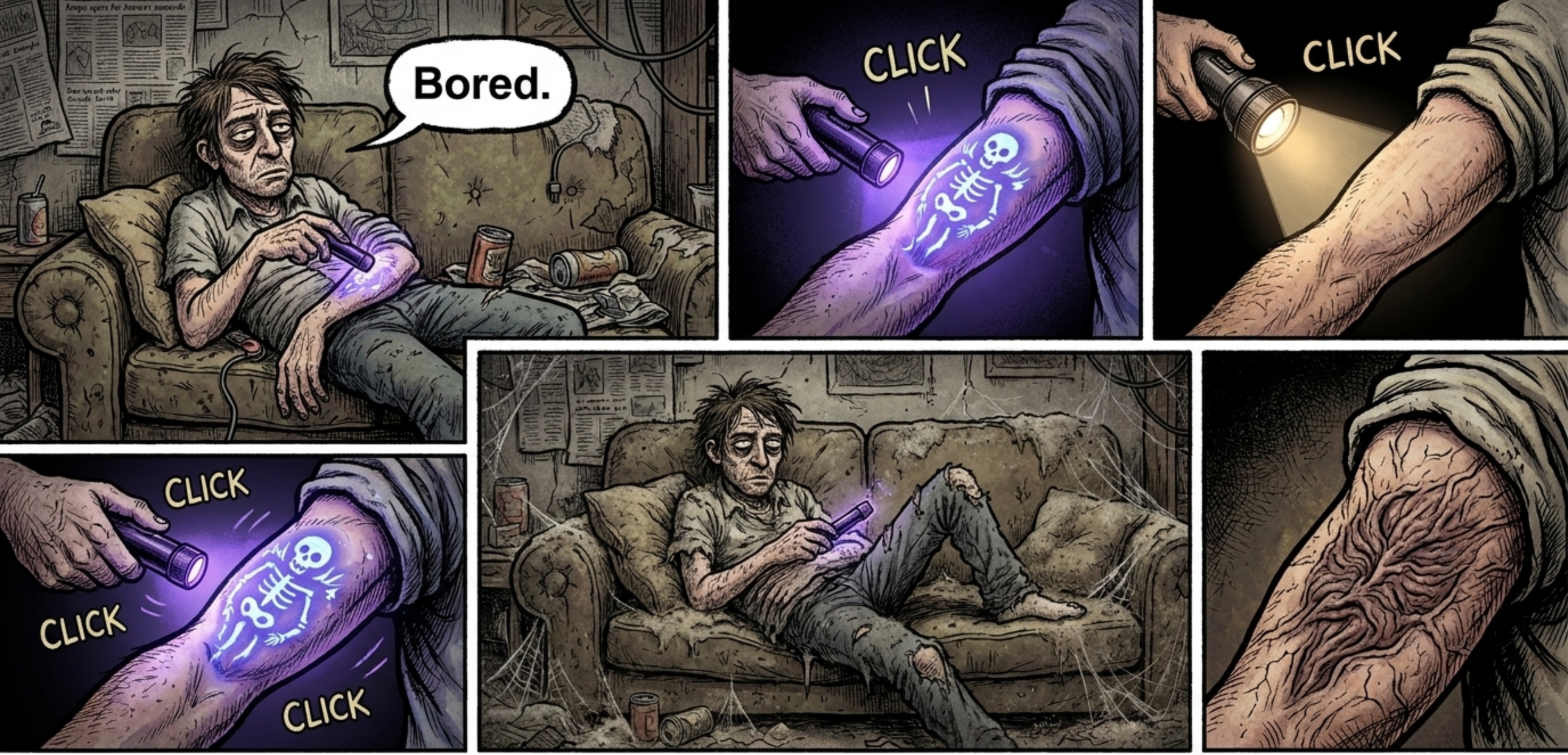

Repeatedly dosing the same patch of skin with an ultraviolet wand can accelerate local photoaging and damage collagen.

My left bicep is ready for retirement.