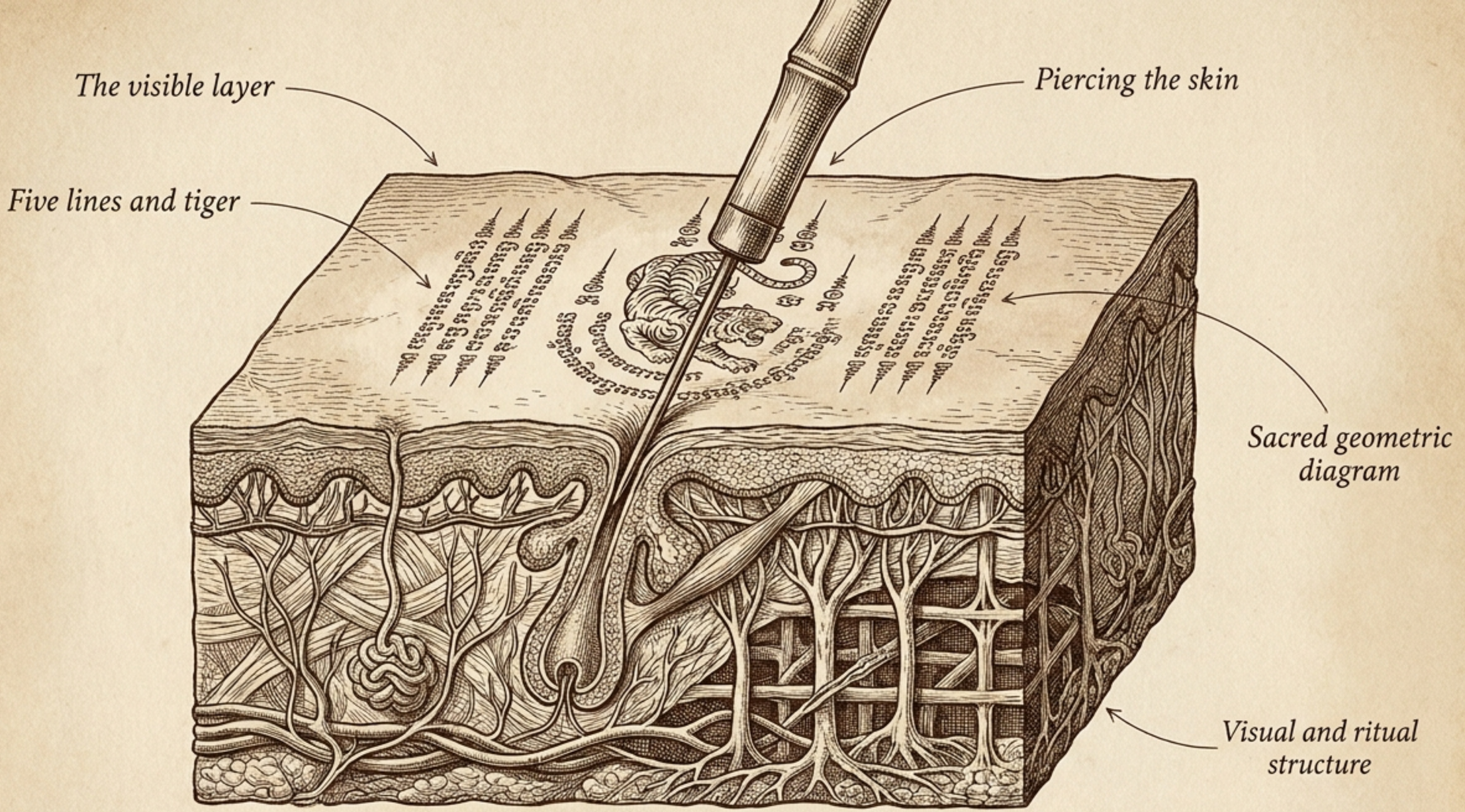


Sak Yant is a practice before it is a picture.

START WITH THE TEACHER