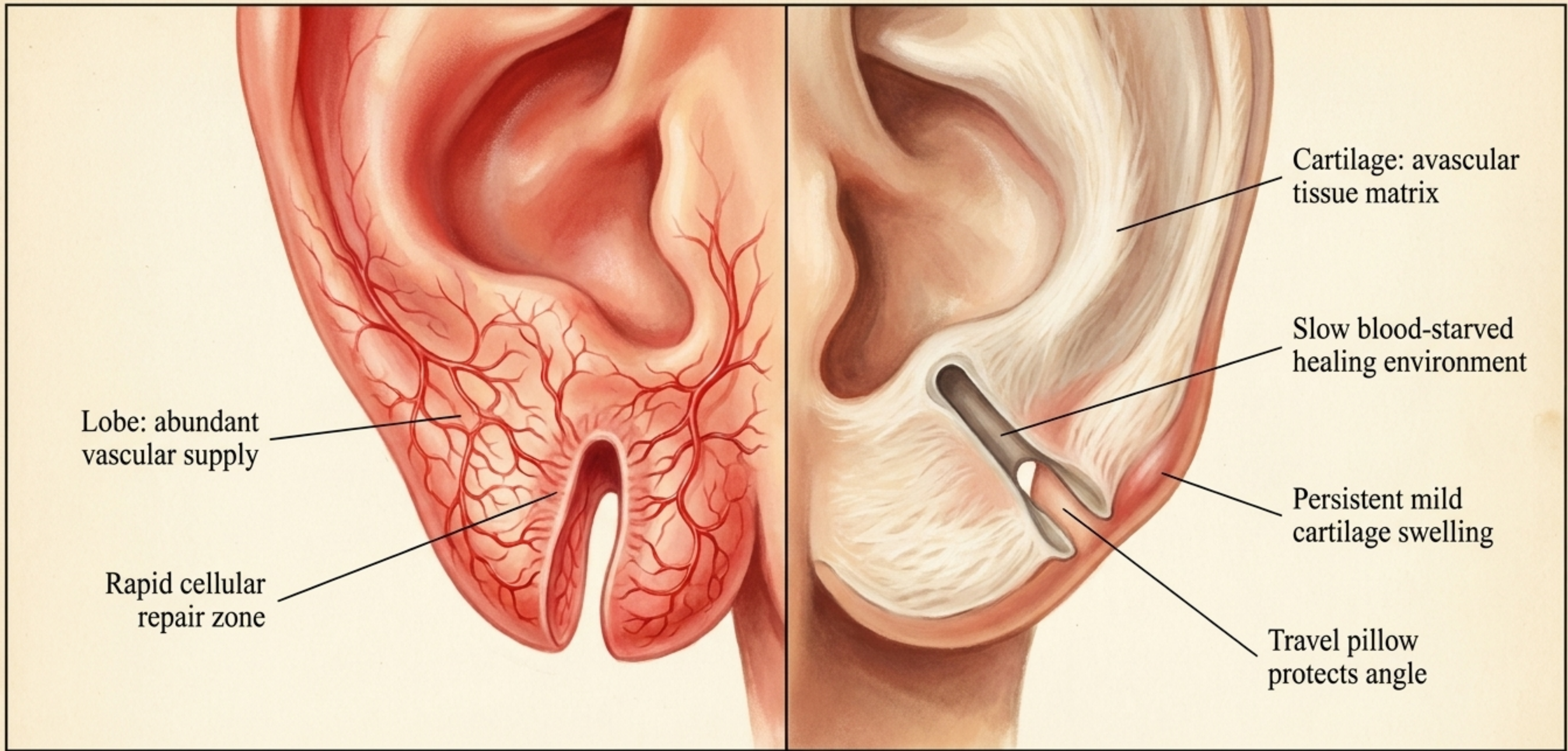




Avascular cartilage lacks direct blood supply, requiring six to twelve months to achieve full internal healing.

PROTECT TISSUE FROM SLEEPING PRESSURE