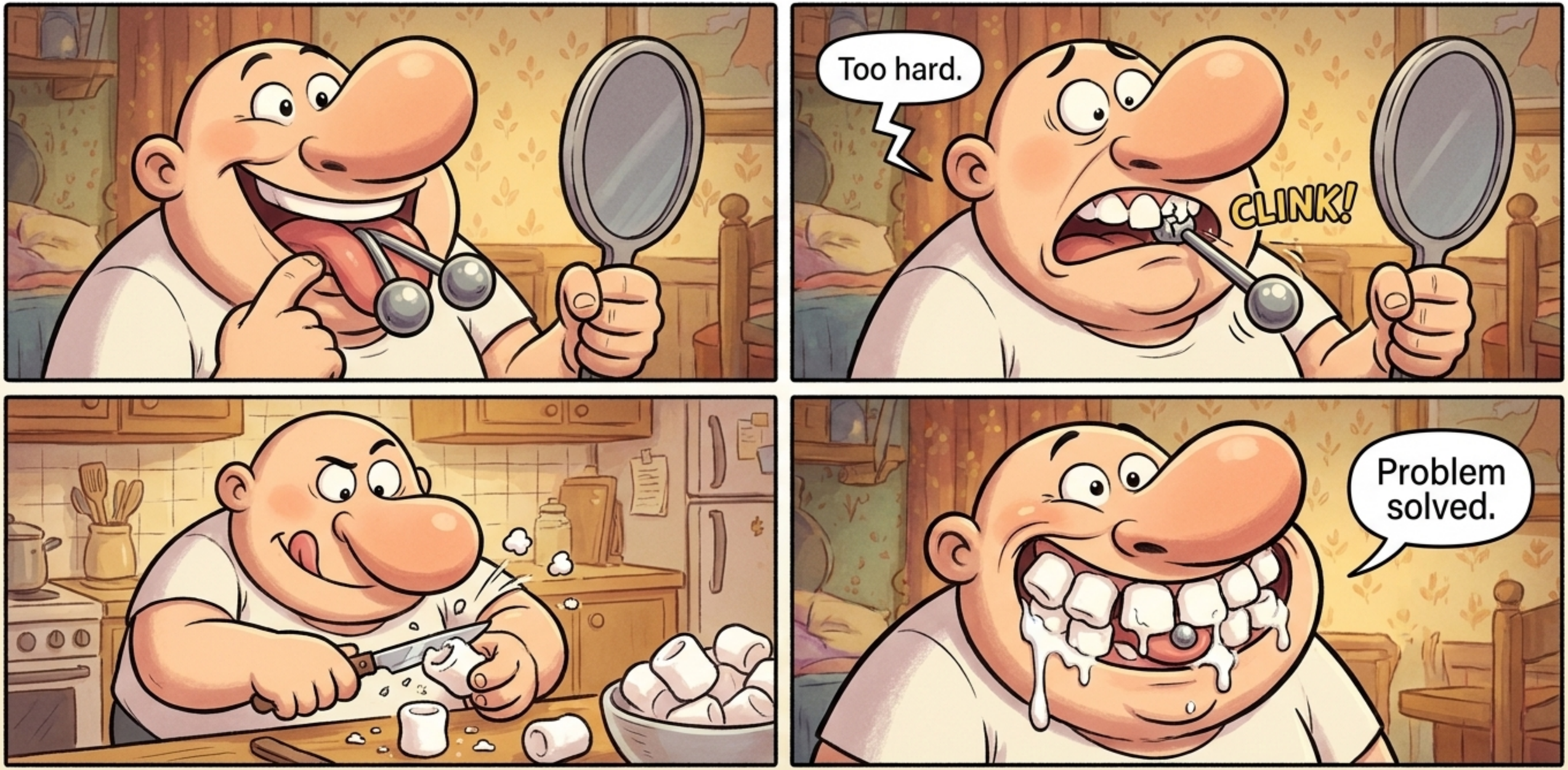

A material harder than tooth enamel pressed repeatedly against it causes measurable enamel erosion and gum recession.

The marshmallows are losing ground.